



The Tirrenian Sea, Gulf of Naples and Amalfi Coast

Sail and cycle along the Amalfi Coast and the Gulf of Naples. This is a truly active journey intended to combine sailing and relaxing with cycling along the narrow streets of Capri, Pompeii, Procida and the Ischia Islands. The tour ends in spectacular Sorrento.

Guided tour with English and Italian speaking guide (international groups).

8 days, 7 nights from Saturday to Saturday

Overnight: Castellammare di Stabia – Amalfi – Ischia (port) – Salerno – Sorrento – (in roadstead)

The Boat

Caique ALTINLAR

6 cabins with private services (shower and WC)

12 places

4 double cabins + 2 double cabins (with the possibility of a third bunk bed).

The caique Altinlar was completely renovated in 2007, and all the bathrooms were renovated in winter 2009/10. The ship is 23 m long and 6.2 m wide. All cabins are simple but functional and comfortable. They are furnished with a comfortable bed and a little wardrobe, and there is enough space to place your bag and luggage (excluding rigid luggage).

All cabins have little windows that can be opened and air-conditioning. Outside there are 2 decks: one is on the anterior part and has a big solarium with mattresses for all guests. The back deck is covered and has a table for breakfasts and dinners. We pride ourselves on our onboard catering, which is the result of utilising old recipes from seaside villages. Carpaccio, fresh seafood and vegetables, pasta, meat and the herbs of the Mediterranean scrubs of Campania are an absolute must on our table.

Day 1 - Individual arrival. Embarkation at 18.00 from the Marina di Castellammare di Stabia. Settle in then meet for a welcome drink, dinner and presentation of the program.

Continued overleaf...

Dates for 2011:

Departure every week from 23/04 to 25/06 and from 03/09 to 22/10 (inclusive).

Ride info:

Sorrento coast – Amalfi coast – Pompei – Ischia

Difference in level: between 0 and 600m per day.

A leisurely tour, the daily stage is only 25 to 35 km so there is all the time in the world.

Level:

Easy to medium



Day 2 - Cycle trip to Pompeii (14 km). Cycle to Pompeii and explore Pompeii and the Villa dei Misteri. This is the biggest open-air archaeological site in the world, where the huge eruption of Vesuvius in 79 A.D froze people forever under ashes and lava in their daily activities. Return journey to the Marina di Castellammare and departure with the caique towards Sorrento. Explore the town by foot before returning to the boat. Overnight on the gulet in the roadstead in Sorrento. (A roadstead is an enclosed area outside a harbour with an opening to the sea where a ship can lie at anchor.)

Day 3 - Sorrento – Positano – Amalfi (34 km). In the morning set sail along Sorrento coast. Cross “Passo San Pietro” (St. Peter’s pass) and enter the Amalfi coast. Here you disembark and cycle along the wonderful road overlooking the sea to Positano. Its colourful houses have been built in the shape of an amphitheatre overlooking the sea, giving a unique and picturesque aspect to the village. After Positano you continue towards Amalfi, the most powerful Mariner Republic at the end of X century. Visit the cloister of Paradise and the church, and walk along the main street connected by many narrow alleys between white fisherman’s houses. Return to the gulet and stay overnight in port in Amalfi.

Day 4 - Amalfi – Minori – Cetara – Vietri – Salerno (24 km) + alternative Ravello (35 km). From Amalfi continue cycling along the coast passing the villages of Minori, Maiori and Cetara. If you wish you can make a detour and go up to Ravello where in the placid beauty of the main square, the Dome of Saint Pantaleone really stands out. From the village you can enjoy a view beyond the Gulf of Salerno and up to the Cilento mountains. Take your time and visit to Villa Cimbrone and Villa Rufolo, whose architecture (a mélange of Arab, Sicilian and Norman style) was an inspiration for Wagner. Head back to the coast and on to Vietri and Salerno where you will meet the gulet. Stay overnight in the roadstead in Salerno.

Day 5 - Capri. Start the day by sailing to Capri. The gulet will stop on the way for swimming and to admire the Amalfi coast from the sea. Arrival in Capri is in the morning at

Marina Grande. Disembark and explore the island on foot, head for the village of Capri with its famous “piazzetta” and continue to the Faraglioni (3 stacks). From above the cliff you can enjoy a wonderful panorama of the Gulf of Naples dominated by the Vesuvius. Return to the gulet and stay overnight in the port of Porto Sant’Angelo (Ischia Island).

Day 6 - Ischia (37 km). Cycling from the thermal village of S. Angelo you cross the west part of the island with the scents and flavours of the Mediterranean sea, through tiny villages and visiting some of the small museums along the route. Rejoin the gulet and stay overnight in the port of Ischia.

Day 7 - Procida and Napoli. Sail up to Procida, disembark and explore the town and the San Michele Abbey. Return to the boat to continue to the wonderful city of Napoli. Starting from “Spacca Napoli”, discover the city centre which is characterized by narrow streets with washing hung out, baroque churches, palaces, the San-Carlo theatre, the Gallery Umberto the 1st, and Plebiscito Square. In the afternoon you rejoin the gulet and sail up to Marina di Castellammare di Stabia where you stay overnight.

Day 8 - Departure. Disembarkation at 09.00. Extra nights are available in Naples.

The captain and the guide reserve the right to make alterations to the itinerary, depending on wind, sea and weather conditions or organizational requirements.

Price:

£1170.00

Single cabin supplement £880.00.

Price of 3rd bed in a cabin £650.00

(Prices are per person, based on two people sharing).

It is possible to charter this boat for the week.

Price £11,400.00

Details on how to reach the embarkation point will be provided upon booking or on request.

Extra days are available on request. Please contact us via email: info@compass-holidays.com or alternatively phone us on +44 (0) 1242 250642.