



## Lake District - This boot is made for walking

The Lake District has long been a Mecca for serious hikers but this break has more leisurely walks around its western edge that will still allow you to enjoy the best of the spectacular landscape. From the craggy flanks of Scafell Pike, Harter Fell and Whinn Rigg down through woods to green pastures, these routes encompass the full range of Lakeland scenery from rugged to rural without climbing all the way up and down it. A trip to the coast at Ravenglass by steam railway adds even more variety.

2 days, 1 night

**Walk 1** – Muncaster Fell, Ravenglass & Muncaster Castle. A linear walk makes use of ‘Ratty’, the Ravenglass and Eskdale Railway, to show you the full variety the area has to offer. Navigate across Muncaster Fell, well known for offering a real fell walking experience without ever climbing above 750 feet, making it a popular choice when the weather is bad higher up. However if it is clear, you will have really good views from the mountains to the coast. Around Ravenglass you will find lots of history to visit (check opening times of Castle) and wonderful contrasting views of coast and fell. Continue your walk past Muncaster Tarn, one of the smallest and also one of the few privately owned lakes in the district. Its location is quite remarkable being almost 500 feet above sea level with the fell dropping steeply away on two sides. You will soon be walking in the footsteps of the Legions as Fell Lane follows the line of the Roman road between the port of Glannoventa and the fort of Mediobogdum at Hardknott.

**Walk 2** – Hardknott and Mosedale. An easy day or the biggest challenge of the tour- it’s your choice! The short route is easy to navigate, and stays below 300 feet. It is a short stiff climb on the middle route up to Hardknott Fort at 800 feet but the history and the views are well worth it. The long route takes you up to 1,300 feet at the top of Hardknott Pass and Mosedale. If you do accept the challenge you will enjoy a real sense of isolation in this rugged landscape.

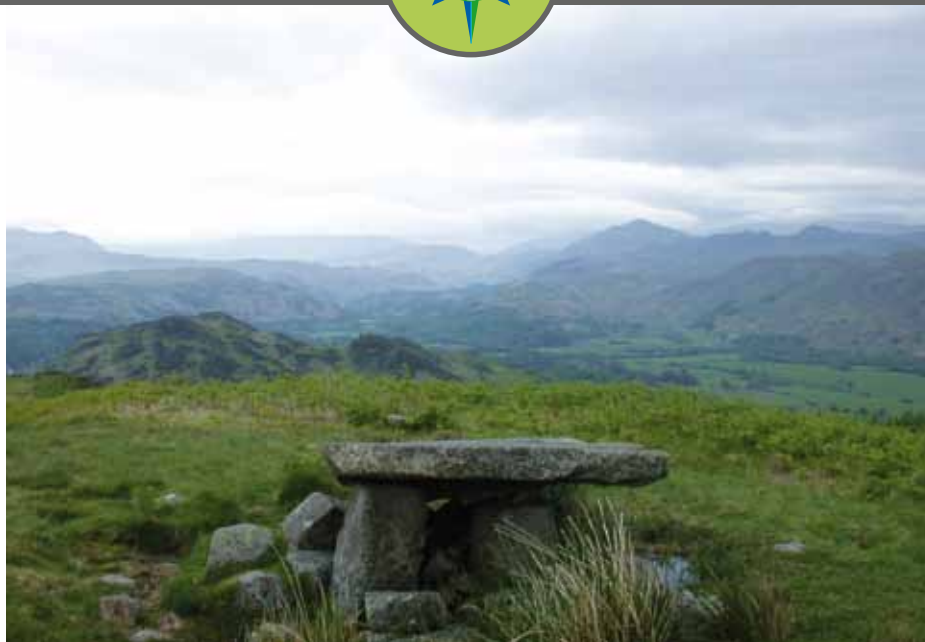
### Local Attractions:

- Muncaster Castle and Owl Centre
- Muncaster Hill
- Hardknott Pass and Roman Fort.

### Walk info:

6-13 miles a day, moderate to energetic.

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On this walk you will have some fine views up to Birker Fell and Bull How with Dawsonground Crags rising beyond that. Straight ahead is your objective, Hardknott. You will also pass Brotherilkeld Farm. This Norse farmstead was acquired by Furness Abbey after 1242 as large sheep enterprise and enclosed by high wall in 1284, parts of which are still visible. The present 'statesman' farmhouse was built in the 17th century and is now in the care of the National Trust.

**Inn Price: £117.00**

3 days, 2 nights

This tour runs as above, with the following walk on day 3:

**Walk 3** – Blae Tarn, Sinney Tarn Eskdale Green and Stanley Force. You don't climb above 800 feet so you should be below all but the worst weather; if it is clear you will have good views of the high fells. This walk takes you past Eskdale Corn Mill which dates from the 13th century and ground the corn for the Dale until the 1920s when its overshoot wheel was converted to produced electricity. After a period of dereliction it was restored by Cumbria County Council and opened with displays of local life over the centuries, although now it has been converted to a private house. You also have the opportunity to view Stanley Force. These 62' falls are named after residents of Dalegarth Hall and are the finest in the area, thanks in part to the romantic setting at the head of this deep and verdant ghyll or ravine.

**Inn Price: £196.00**

(Prices are per person, based on two people sharing).